

## Cleothia Frazier

The Pennsylvania State University  
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### EDUCATION

2021 Ph.D., Sociology, Vanderbilt University, Nashville, TN  
2010 M.P.H., Michigan State University, East Lansing, MI  
2008 M.A., Anthropology, Western Michigan University, Kalamazoo, MI  
2002 B.S., Biology (Cum Laude), North Carolina State University, Raleigh, NC

### EMPLOYMENT

2023-present Assistant Professor of Sociology, The Pennsylvania State University  
2021-2023 Center for the Study of Aging and Human Development, Duke University  
Postdoctoral Scholar, National Institutes of Aging (NIA) T32  
2010-2021 Instructor (Online) MPH Program, Michigan State University  
2008-2009 Instructor Anthropology Department, Western Michigan University  
2002-2003 Family Health International, Durham NC

### RESEARCH AND TEACHING INTERESTS

Medical Sociology • Aging and Life Course • Race and Ethnicity • Sleep • Health Disparities •  
Mental Health • Social Determinants of Health

### PEER-REVIEWED PUBLICATIONS

#### Articles

**Frazier, Cleothia** and Tyson H. Brown. 2023. "How Social Roles Affect Sleep Health during Midlife." *Journal of Health and Social Behavior* 64(2):296-312.

**Frazier, Cleothia**. 2023. "Working Round the Clock: The Association between Shift Work, Sleep Health, and Depressive Symptoms during Midlife." *Society and Mental Health* 13(2):97-110 (Lead Article and Podcast <https://journals.sagepub.com/page/smh/podcasts>).

Christie-Mizell, C. André, Brittany N. Hearne, Ryan D. Talbert, **Cleothia Frazier**. 2023. "Romantic Relationships, Parenthood, and the Personal Sense of Mastery: The Consequences of Gender among Young Adults". *Sociological Focus* 56(2):172-191

**Frazier, Cleothia** and Tyson Brown. 2022. "Jobs Stress, Psychosocial Resources, and Insomnia among Older Black Workers." *Journal of Aging and Health* 34(3):424-434.

Christie-Mizell, André, C., Ryan D. Talbert, **Cleothia Frazier**, Meagan R. Rainock, Jordan R. Jurinsky. 2022. "Race-gender Variation in the Relationship between Arrest History and Poor

Health from Adolescence to Adulthood”. *Journal of the National Medical Association*. 114(4): 353-362.

Erving, Christy and **Cleothia Frazier**. 2021. “The Association between Multiple Chronic Conditions and Depressive Symptoms: Intersectional Distinctions by Race, Nativity, and Gender.” *Journal of Health and Social Behavior* 62(4):599-617.

**Frazier, Cleothia**. 2020. “It’s More Than News: Print Media, The Tuskegee Syphilis Study and Collective Memory among African Americans.” *Journal of Historical Sociology* 33(3):280-296

Christie-Mizell, C. André, Ryan D. Talbert, Ashleigh R. Hope, **Cleothia Frazier**, and Brittany N. Hearne. 2019. “Depression and African Americans in the First Decade of Midlife: The Consequences of Social Roles and Gender.” *Journal of National Medical Association* 11(3):285-295.

Erving, Christy L., Courtney S. Thomas, and **Cleothia Frazier**. 2018. “Is the Black-White Mental Health Paradox Consistent Across Gender and Psychiatric Disorders?” *American Journal of Epidemiology* 188(2):314-322.

### **Book Chapters**

Song, Lijun, **Cleothia Frazier** and Philip J. Pettis. 2018 “Do Network Members’ Resources Generate Health Inequality? Social Capital Theory and Beyond.” In *Handbook of Social Capital and Health*, edited by Sherman Folland and Eric Nauenberg.

Song, Lijun, Rachel Skaggs, and **Cleothia Frazier**. 2017 “Educational Homogamy.” In *Handbook on the Family and Marriage in China*, edited by Xiaowei Zang. Elgar.

### **MANUSCRIPTS UNDER REVIEW**

Erving, Christy, L. **Cleothia Frazier**, and K.J. Davidson-Turner. “Are Characteristics Associated with Strong Black Womanhood linked to Depression in Older Black Women?” *Women’s Health*

### **MANUSCRIPTS IN PROGRESS**

**Frazier, Cleothia** and C. André Christie-Mizell. “Self-Concept and Childhood Adversity in Young Adulthood: Does Religiosity Matter?”

**Frazier, Cleothia**. “Retirement Transitions and Insomnia Symptoms: Does Race-Gender Status Matter?”

**Frazier, Cleothia**. “Perceptions Matter: The Emotional Consequences of Neighborhood Disorder among Older Adults.”

Talbert, Ryan and **Cleothia Frazier**. “Race-Ethnic Variation in the Effects of Police Killings on Sleep Health.

Erving, Christy, L., K.J. Davidson-Turner, **Cleothia Frazier**, and Jacquelyn Coats. “Racial Differences in Predictors of Cardiometabolic Risk for Older U.S. Women.”

## **GRANTS, FELLOWSHIPS, AND SCHOLARSHIPS**

2024-2026	Network on Education, Biosocial Pathways, and Dementia across Diverse Populations (EdDem), University of Maryland (\$40,000)
2024-2025	Michigan Center for Urban African American Aging Research (MCUAAAR) (\$35,132)
2023-2024	PRI Seed Grant, Penn State University (\$10,193)
2020	Russell G. Hamilton Graduate Leadership Institute, <i>Vanderbilt University</i> (\$1000.00)
2020	Research and Enhancement Grant, <i>Vanderbilt University</i> (\$350.00)
2019	Departmental Travel Grant, <i>Vanderbilt University</i> (\$650.00)
2017-2021	Loftin Scholarship, <i>Vanderbilt University</i> (\$2000.00 per year)

## **PRESENTATIONS AND CONFERENCES**

Frazier, Cleothia and C. André Christie-Mizell. 2024. Self-Concept in Young Adulthood: The Consequences of Childhood Adversity. (*Poster*) Population Association of America

Frazier, Cleothia. 2023. "Retirement Transitions and Insomnia Symptoms: Does Race-Gender Status Matter?" American Sociological Association

Frazier, Cleothia. 2022. "Working Around the Clock: The Effect of Shift Work and Sleep on Depressive Symptoms." (*Poster*) Gerontological Society of America

Erving, Christy and Cleothia Frazier. 2020. "The Association between Multiple Chronic Conditions and Depressive Symptoms: Intersectional Distinctions along the Dimensions of Race, Gender, and Age." American Sociological Association, San Francisco (Virtual due to COVID19)

Frazier, Cleothia. 2020. "Perceived Neighborhood Disorder: Anxiety, Anger and Sense of Control among Older Adults." International Conference on Stress Research, Savannah Georgia (Rescheduled due to COVID19).

Christie-Mizell, C. André, Ryan D. Talbert, Brittany N. Hearne, Cleothia G. Frazier, Ashleigh R. Hope and Elizabeth E. Piatt. 2019. "Depressive Symptoms, Multiple Roles, and Racial Variation at Mid-Life." American Sociological Association, New York, New York.

Frazier, Cleothia. 2018. "It's More Than News: Print Media, The Tuskegee Syphilis Study and Collective Memory among African Africans." Southern Sociological Society, New Orleans, LA.

Song, Lijun and Cleothia Frazier. 2017. "Marry up, Socialize up? Educational Hypergamy, Gender and Social Capital in Three Societies." Southern Sociological Society, Greenville, SC.

Frazier, Cleothia D. Lopez and E. Sorroche. 2012. Panel Discussion: "Addressing Health Disparities." Lansing, Michigan.

Davidson, D, E. Winfield, S. Hall, and Cleothia Gill .2008. Panel Discussion: Navigating Graduate School. Kalamazoo, MI.

Gill, Cleothia. 2008. "Deconstructing the Culture of Pink: An Examination of Black Women's Cancer Narratives." The Society for Applied Anthropology, Memphis, TN.

Gill, Cleothia. 2005. "The Hidden Face of British Nationalism: The Afro-Caribbean Struggle for Identity, Place and Recognition." Central States Anthropological Society, Oxford, OH.

### **COMPREHENSIVE EXAMS, THESES, AND DISSERTATIONS**

2023 Kelsey Shaulis, Comprehensive Exam, *Penn State University*  
2024 Kelsey Shaulis, Dissertation Committee Member, *Penn State University*  
2024 Arinala Randrianasolo, Comprehensive Exam, *Penn State University*  
2025 Arinala Randrianasolo, Dissertation Committee Member, *Penn State University*

### **INVITED TALKS/MEDIA**

June 2023 "Shift work, Sleep Health and Depressive Symptoms", *Society and Mental Health Podcast*  
April 2022 "More Than Biology: The Social Determinants of Sleep among Mid-to-Late Life Adults", Distinguished Speaker Series, *Indiana University Bloomington*  
Jan. 2022 "The Social Determinants of Sleep: An Examination of Work-related Stress and Retirement", *Duke Geriatrics Grand Rounds*  
Sept. 2021 "Sleep, a Neglected Renewable Resource: Examining the Effects of Social Roles among Midlife Adults", *University of Texas A&M*  
Dec. 2021 "The Sociological Dimension of Sleep: How Social Roles Affect Sleep Duration and Insomnia Symptoms During Mid-to-Late Life", *Duke Aging Center*

### **TEACHING AND TEACHING RELATED EXPERIENCE**

#### Instructor, The Pennsylvania State University

Spring 2024 Sociology of Aging  
Introductory Sociology

#### Instructor (Online), Michigan State University (Courses Taught)

2010-2021 Capstone Experience  
Public Health Policy and Administration  
Introduction to Public Health (Undergraduate, Graduate)  
Poverty and Public Health (graduate)  
Social and Behavioral Aspects of Public Health (graduate)  
Environmental Public Health (graduate)

#### Adjunct Instructor (Face to Face)

2008-2009 Anthropology: "Peoples of the World", Western Michigan University

#### Teaching Assistant

Spring 2021 Multivariate Analysis II; Race, Gender, and Health, Dr. Bianca Manago, Vanderbilt University  
Fall 2020 Contemporary Social Issues: Introduction to Sociology; Social Movements; Race, Gender, and Sport, Dr. Amy Cooter, Vanderbilt University

- Fall 2018-Spring 2020 Contemporary Social Issues: Mental Health and Illness, Dr. Christy Erving, Vanderbilt University  
**Guest Lecture:** Socioeconomic Status and Mental Health
- Spring 2018 Sociological Perspectives: Classical Theory, Dr. George Becker, Vanderbilt University  
**Guest Lecture:** W.E.B. DuBois
- Fall 2017 Contemporary Social Issues: Mental Health and Illness, Dr. Christy Erving, Vanderbilt University
- Fall 2016-Spring 2017 Social Capital and Health, Dr. Lijun Song, Vanderbilt University

### **SERVICE TO THE DEPARTMENT, UNIVERSITY, AND PROFESSION**

- 2024-2027 Editorial Board: Journal of Health and Social Behavior
- 2023- Job Market Committee, *Pennsylvania State University*
- 2023- Sociology Colloquium, *Pennsylvania State University*
- 2021-2023 Diversity, Equity, and Inclusion Committee, *Duke University Medical School*
- 2018-2020 Associate Editor Work and Occupations, *Vanderbilt University*
- 2017-2019 Graduate Student Recruitment Volunteer, *Vanderbilt University*

Ad Hoc Reviewer for the following journals: *American Journal of Public Health, Sociological Inquiry, Social Science and Medicine, Journal of Health and Social Behavior, Sociological Perspectives, The Communication Review, Sleep Health, Society and Mental Health, Journal of Marriage and Family*

### **AWARDS AND HONORS**

- 2023 Alumni Achievement Award, Institute for Intercultural and Anthropological Achievement, *Western Michigan University*
- 2023 Junior Scholar Travel Award, *American Sociological Association* (250.00)
- 2022 Distinguished Speaker Series, *Indiana University Bloomington*
- 2021 Teaching Excellence Award, *Michigan State University*
- 2021 Best Paper Award, Sociology Department *Vanderbilt University* (\$300.00)
- 2008 Robert F. Maher Award, *Western Michigan University*
- 2007 Alpha Kappa Mu National Honor Society, Mu Omicron Chapter, *Western Michigan University*

### **PROFESSIONAL ORGANIZATIONS**

American Sociological Association  
 Gerontological Society of America  
 Population Association of America

### **PROFESSIONAL DEVELOPMENT**

- 2024 Rural Sociology Symposium, Pennsylvania State University
- 2023 PRI NIH Grant Training Workshop, Pennsylvania State University
- 2023 Preconference Workshop on Education and Dementia, Interdisciplinary Association for Population Health Science
- 2023 Gopen Writing Workshop, Duke University
- 2023 Data Visualization in Stata, Code Horizons, Trent Mize

2022 Department of Population Health Sciences Summer Institute, Duke University  
2022 NIH K99/R00 Grant Writing Workshop, Duke University  
2022 Latent Class Analysis in Stata, Duke University  
2021 Write Winning NIH Grants Proposal, Duke University  
2021 Building Future Faculty (BFF) Program at North Carolina State University,  
2020 Summer Statistics Institute, University of Texas at Austin, Austin  
Introduction to Data Analysis and Graphics Using R  
2019 Summer Statistics Institute, University of Texas at Austin  
Introduction to GIS  
Applied Hierarchical Linear Modeling  
2018 Summer Statistics Institute, University of Texas at Austin  
Introduction to STATA  
2018 Center for Teaching Workshop (Presentation Makeover), Vanderbilt University  
2017 Introduction to the HRS Workshop, University of Michigan  
2013 Instructional Design Conference, Washington, DC