

Kelsey Shaulis

Department of Sociology and Criminology | The Pennsylvania State University
412 Oswald Tower, University Park, PA 16802

kms8215@psu.edu

EDUCATION

Ph.D., Sociology and Demography, The Pennsylvania State University Dissertation: <i>Educational Trajectories and Midlife Health</i>	Expected 2025
M.A., Sociology and Demography, The Pennsylvania State University Thesis: <i>Educational Expectations and Serious Mental Illness among Midlife Women</i>	2022
B.A., Spanish, Cook Honors College, Indiana University of Pennsylvania Minors: Latin American Studies, English, Anthropology <i>Summa Cum Laude</i>	2014

RESEARCH EXPERIENCE

Research Assistant, The Pennsylvania State University Research Assistant to Dr. Lindsay Fernández-Rhodes Department of Biobehavioral Health, Epidemiology and Genetics Across Populations and Societies Lab	2020 – 2024 2024 – Present
Research Assistant to Dr. Michelle Frisco, Department of Sociology	2020 – 2024
Graduate Student Researcher, Education Studies for Healthy Aging Research	2021 – Present
Research Assistant, Mid-Atlantic Research and Training Institute for Community and Behavioral Health (MARTI), Indiana University of Pennsylvania	2012 – 2016
Graduate Research Assistant to Dr. Victor Garcia	2014 – 2016
Undergraduate Research Assistant to Dr. Victor Garcia	2012 – 2014

PROFESSIONAL EXPERIENCE

Manager of Grants and Foundations, Cedar Crest College	2017 – 2020
Grants Associate, Congreso de Latinos Unidos, Inc.	2016 – 2017
Grants Consultant, MARTI	2016 – 2020

FELLOWSHIPS

T-32 Pre-doctoral Training Fellowship in Social Environments and Population Health(T32HD007514), National Institutes of Health	2024 – 2025
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SKILLS

Technology: Stata, SAS, Qualtrics, Jenzabar, Salesforce, Microsoft Suite

Methodology: Multivariate regression, trajectory analysis, propensity score matching, structural equation modeling, multi-level mixed effects modeling, factor analysis, latent class analysis, multiple imputation, population projection, quasi-experimental design, survey design and weighting

Language: Proficient in Spanish (conversational, reading, and writing)

PUBLICATIONS

Frisco, M.L., **Shaulis, K.**, Van Hook, J. & Hummer, R. (2022). "Racial and Ethnic Disparities in U.S. Obesity Prevalence: What Have We Learned from Demographic and Population Health Science?" in *The International Handbook of the Demography of Obesity* edited by Dudley Poston & Ginny Garcia-Alexánder. New York, NY: Springer.

UNDER REVIEW

Shaulis, K. and Garcia, V. "COVID-19 Deaths in Transnational Settings: Disrupted Bereavement and Pandemic-Related Prolonged Grief Disorder in the Latinx Immigrant Population." *Under Review*

Shaulis, K. "Midlife Women's Misaligned Educational Expectations and Serious Mental Illness." *Revise & Resubmit*

PRESENTATIONS

Shaulis, K. *Educational Trajectories and Midlife Health*. Presentation at Interdisciplinary Association for Population Health Science 2024 Annual Meeting, St. Louis, MO. 2024

Dondero, M., Frisco, M., **Shaulis, K.**, & Van Hook, J. *Gender Differences in Dietary Quality and Dietary Acculturation among Mexican Children of Immigrants*. Presentation at American Sociological Association 2024 Annual Meeting. Montreal, CA. 2024

Shaulis, K. *Skin-Deep Resilience in Midlife: Mental and Physical Health at the Intersection of Race, Gender, and Education*. Presentation at Population Association of America 2024 Annual Meeting. Columbus, OH. 2024

Featured by Population Reference Bureau blog in *Census Issues, Impact of Dobbs Decision, and Population Aging Among Highlights of 2024 Population Association of America Conference*. May 13, 2024. <https://www.prb.org/articles/census-issues-impact-of-dobbs-decision-and-population-aging-among-highlights-of-2024-population-association-of-america-conference/>

Fernández-Rhodes, L., Rao, H., Shaulis, K. , Frisco, M., & Van Hook, J. <i>The Association between Immigration Policy Climates and Childhood Cardiometabolic Health</i> . Presentation at Population Association of America 2024 Annual Meeting. Columbus, OH.	2024
Shaulis, K. <i>Rising Serious Mental Illness in Highly Educated Midlife and Older Adults</i> . Presentation at Interdisciplinary Association for Population Health Science 2023 Annual Meeting. Baltimore, MD.	2023
Shaulis, K. <i>Academic Achievement and Midlife Mental Health</i> . Presentation at Interdisciplinary Association for Population Health Science 2023 Annual Meeting. Baltimore, MD.	2023
Shaulis, K. <i>Educational Expectations and Serious Mental Illness among Midlife Women</i> . Poster Presentation at Population Association of America 2023 Annual Meeting. New Orleans, LA.	2023
Frisco, M., Shaulis, K. , Van Hook, J., & Dondero, M. <i>Caught between Worlds: Does Acculturation Shape the Relationship between Gender and the Eating Behaviors of Children of Mexican-Origin Immigrants in the United States?</i> Poster Presentation at Population Association of America 2023 Annual Meeting. New Orleans, LA.	2023
Shaulis, K. <i>Educational Attainment and Midlife Serious Mental Illness</i> . Education Studies for Healthy Aging Research (EdSHARe) Retreat. Austin, TX.	2022

SERVICE TO THE FIELD

Poster Judge, Interdisciplinary Association for Population Health Science (IAPHS)	2023
Abstract Review, IAPHS	2023
Student Committee Member, IAPHS	2021 – 2022
Grant Reviewer, PennSERVE	2018

SERVICE TO THE INSTITUTION

Sociology Paper Competition Committee Chair, The Pennsylvania State University	2022 – Present
Demography Graduate Student Methods Workshop Committee Member, The Pennsylvania State University	2022 – Present
Diversity Promotion Committee Member, The Pennsylvania State University	2021 – 2022
Sociology Student Paper Competition Reviewer, The Pennsylvania State University	2021 – 2022
Faculty Development Committee Member, Cedar Crest College	2019 – 2020
Sustainability Committee Member, Cedar Crest College	2019 – 2020

Retention and Persistence Committee Member, Cedar Crest College
Admissions Board Member, Cook Honors College

2018 – 2020
2015 - 2016

PROFESSIONAL MEMBERSHIPS

American Sociological Association (ASA)
Population Association of America (PAA)
Interdisciplinary Association for Population Health Science (IAPHS)