

Arianna Christina Salas

PhD Student, The Pennsylvania State University
Department of Sociology and Criminology
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EDUCATION

- Expected 2027 Dual Ph.D., in Sociology and Demography
The Pennsylvania State University, University Park, PA
- Fall 2024 Dual M.A., in Sociology and Demography
The Pennsylvania State University, University Park, PA
Thesis: Frequency of Adolescent Peer Exposure and Women's Stigmatized Weight Perceptions Across the Life Course: An Investigation Using the National Longitudinal Study of Adolescent Health
Committee: Dr. Molly Martin, Dr. Sarah Damaske, Dr. Michelle Frisco
- Spring 2020 B.A. in Sociology, Minor in Psychology
Graduated with Highest Honors, *Summa Cum Laude*
University of New Mexico, Albuquerque NM
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RESEARCH INTERESTS

Sociology of the Body and Aesthetics
Health Disparities and Inequalities
Sociology and Demography of the Life Course
Body Weight-Related Outcomes (Overweight/Obesity, Weight Perception, Body-Image)

RESEARCH EXPERIENCE

- 2023-Present **Penn State University, Department of Sociology and Criminology**
Graduate Research Assistant | *Advisor:* Dr. Sarah Damaske
- 2023-Present **Penn State University, Department of Sociology and Criminology**
Graduate Research Assistant | *Advisor:* Dr. Molly Martin
- 2020 **University of New Mexico, Prevention Research Center**
Student Intern | *Advisor:* Dr. Sally Davis

MANUSCRIPTS IN PROGRESS

Salas, Arianna. “Cumulative Consequences of Weight Incongruency: Assessing the Stability and Timing of Weight Pessimism on Adult Depressive Symptoms” [in preparation for: *Journal of Health and Social Behavior*]

Salas, Arianna. “Gender Composition of Peer Group Characteristics on Adolescent Body Image and Weight Adjustment Aspirations” [in preparation for: *Gender & Sexuality*]

Damaske, Sarah., Frech, Adrienne, Hilary Wething, and **Arianna Salas.** “Trajectories of Unemployment and Wages at Midlife”

CONFERENCE PRESENTATIONS

Forthcoming 2025. **Salas, Arianna.** *Gender Composition of Peer Group Characteristics on Adolescent Body Image and Weight Adjustment Aspirations.* American Sociological Association (ASA) Annual Conference, Chicago, Illinois.

2025. **Salas, Arianna.** *Gender Composition of Peer Group Characteristics on Adolescent Body Image and Weight Adjustment Aspirations.* Feminist Perspectives on Body, Disability, and Health, A Penn State Graduates in Women’s, Gender, & Sexuality Studies Conference, Pennsylvania State University.

2024. **Salas, Arianna.** *Social Integration and Women’s Stigmatized Weight Perceptions from Adolescence to Adulthood.* American Sociological Association (ASA) Annual Conference, Montréal, Canada.

GUEST LECTURES AND TALKS

Spring 2025 Body-Image Workshop
In Collaboration with the Students of Color Affinity at World Campus
“Racialized Bodies and Beauty Norms: Let’s Talk About It”
Lead Oral Presenter

Spring 2025 Social Problems (SOC 5H) – Course Instructor: Dr. Molly Martin
“Family and Peer Influence on Childhood Obesity”
Guest Lecturer

AWARDS, SCHOLARSHIPS, & HONORS

2022	Bunton-Waller Graduate Fellowship, awarded by the College of Liberal Arts to students with scholarly promise. The Pennsylvania State University
2016-2020	Deans List, College of Arts & Sciences, eight consecutive semesters. University of New Mexico
2016-2018	New Mexico Legislative Lottery Scholarship Recipient. University of New Mexico
2018	Lobo Scholar-Athlete Award, awarded to the member of each athletic association with the highest GPA. University of New Mexico
2016-18	All-Academic Team Award, awarded to members of each athletic association who met the requirements of exceptional academic performance. University of New Mexico
2016	Frank H. Allen, III Memorial Scholarship Recipient. University of New Mexico
2016	Albuquerque Hispano Chamber of Commerce Scholarship Recipient.
2016	Simon Youth Foundation Community Scholarship Recipient.

DEPARTMENTAL AND COMMUNITY SERVICE

Penn State University

2024-Present	Graduate Student Recruitment Committee <i>Committee Member</i>
2025	Sociology Student Paper Competition <i>Reviewer</i>
2025	12 th Annual Mini-PAA Conference <i>Organizer</i>

2022 10th Annual Mini-PAA Conference
Session Chair & Organizer

2022-2023 Deviants Get Together Committee
Committee Member

2022-2023 Diversity Promotion Committee
Committee Member

Other Institutions

2018-2020 Agora Crisis Center
University of New Mexico, Albuquerque, NM
Volunteer

PROFESSIONAL MEMBERSHIPS

American Sociological Association (ASA)

PROFESSIONAL DEVELOPMENT, TRAINING, AND CERTIFICATIONS

Statistical Software

- STATA
- SAS

Text Processing

- MS Office

Datasets

- American Time Use Survey
- The National Longitudinal Study of Adolescent Health (Add Health)

Other:

- CITI Program Certificate, Responsible Conduct of Research (2022)