

## Kelsey Shaulis

Department of Sociology and Criminology | The Pennsylvania State University  
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### EDUCATION

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- Ph.D., Sociology and Demography, The Pennsylvania State University                      Expected 2025  
Dissertation: *Educational Trajectories and Midlife Health*
- M.A., Sociology and Demography, The Pennsylvania State University                      2022  
Thesis: *Educational Expectations and Serious Mental Illness among Midlife Women*
- B.A., Spanish, Cook Honors College, Indiana University of Pennsylvania                      2014  
Minors: Latin American Studies, English, Anthropology  
*Summa Cum Laude*

### RESEARCH EXPERIENCE

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- Research Assistant, The Pennsylvania State University                      2020 – 2024
- Research Assistant to Dr. Lindsay Fernández-Rhodes                      2024 – Present  
    Department of Biobehavioral Health
- Research Assistant to Dr. Michelle Frisco, Department of Sociology                      2020 – 2024
- Graduate Student Researcher, Education Studies for Healthy Aging Research                      2021 – Present
- Research Assistant, Mid-Atlantic Research and Training Institute for                      2012 – 2016  
Community and Behavioral Health (MARTI), Indiana University of Pennsylvania
- Graduate Research Assistant to Dr. Victor Garcia                      2014 – 2016
- Undergraduate Research Assistant to Dr. Victor Garcia                      2012 – 2014

### PROFESSIONAL EXPERIENCE

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- Manager of Grants and Foundations, Cedar Crest College                      2017 – 2020  
Allentown, PA
- Managed submission and receipt of foundation, government, and corporate funding for all areas of institutional operations and faculty research
  - Oversaw a portfolio of submissions totaling at least \$2 million annually
  - Oversaw stewardship, compliance, evaluation, and reporting for received awards
- Grants Associate, Congreso de Latinos Unidos, Inc.                      2016 – 2017  
Philadelphia, PA
- Managed submission and receipt of foundation, government, and corporate funding in the areas of: Education and Workforce Services, Family and Housing Services, Health Promotion and Wellness, and Federally Qualified Health Center Operations
  - Oversaw a portfolio of submissions totaling at least \$8 million annually

Grants Consultant, Mid-Atlantic Research and Training Institute for Community and Behavioral Health (MARTI), Indiana University of Pennsylvania  
Indiana, PA 2016 – 2020

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FELLOWSHIPS

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T-32 Pre-doctoral Training Fellowship in Social Environments and Population Health (T32HD007514), National Institutes of Health 2024 – 2025

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PUBLICATIONS

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**Shaulis, K.** (2025). “Midlife Women’s Misaligned Educational Expectations and Serious Mental Illness.” *Society and Mental Health*. <https://doi.org/10.1177/21568693251315167>

**Shaulis, K.** and Garcia, V. (2024). “COVID-19 Deaths in Transnational Settings: Disrupted Bereavement and Pandemic-Related Prolonged Grief Disorder in the Latinx Immigrant Population.” *Hispanic Health Care International*.  
<https://doi.org/10.1177/15404153241290175>

Frisco, M.L., **Shaulis, K.**, Van Hook, J. & Hummer, R. (2022). “Racial and Ethnic Disparities in U.S. Obesity Prevalence: What Have We Learned from Demographic and Population Health Science?” in *The International Handbook of the Demography of Obesity* edited by Dudley Poston & Ginny Garcia-Alexánder. New York, NY: Springer.

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UNDER REVIEW

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Dondero, M., Frisco, M.L., **Shaulis, K.**, Van Hook, J. “Gender Differences in Dietary Quality and Dietary Acculturation among Mexican Children of Immigrants.”

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PRESENTATIONS

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**Shaulis K.** *Gender Differences in Educational Trajectories and Midlife Health*. 2025  
Poster Presentation at Population Association of America 2025 Annual Meeting.  
Washington, D.C.

**Shaulis, K.** *Educational Trajectories and Midlife Health*. Presentation at 2024  
Interdisciplinary Association for Population Health Science 2024 Annual Meeting,  
St. Louis, MO.

Dondero, M., Frisco, M., **Shaulis, K.**, & Van Hook, J. *Gender Differences in Dietary Quality and Dietary Acculturation among Mexican Children of Immigrants*. 2024  
Presentation at American Sociological Association 2024 Annual Meeting. Montreal, CA.

**Shaulis, K.** *Skin-Deep Resilience in Midlife: Mental and Physical Health at the Intersection of Race, Gender, and Education*. Presentation at Population Association of America 2024 Annual Meeting. Columbus, OH. 2024

Featured by Population Reference Bureau blog in *Census Issues, Impact of Dobbs Decision, and Population Aging Among Highlights of 2024 Population Association of America Conference*. May 13, 2024. <https://www.prb.org/articles/census-issues-impact-of-dobbs-decision-and-population-aging-among-highlights-of-2024-population-association-of-america-conference/>

Fernández-Rhodes, L., Rao, H., **Shaulis, K.**, Frisco, M., & Van Hook, J. *The Association between Immigration Policy Climates and Childhood Cardiometabolic Health*. Presentation at Population Association of America 2024 Annual Meeting. Columbus, OH. 2024

**Shaulis, K.** *Rising Serious Mental Illness in Highly Educated Midlife and Older Adults*. 2023  
Presentation at Interdisciplinary Association for Population Health Science 2023 Annual Meeting. Baltimore, MD.

**Shaulis, K.** *Academic Achievement and Midlife Mental Health*. Presentation at 2023  
Interdisciplinary Association for Population Health Science 2023 Annual Meeting. Baltimore, MD.

**Shaulis, K.** *Educational Expectations and Serious Mental Illness among Midlife Women*. Poster Presentation at Population Association of America 2023 Annual Meeting. New Orleans, LA. 2023

Frisco, M., **Shaulis, K.**, Van Hook, J., & Dondero, M. *Caught between Worlds: Does Acculturation Shape the Relationship between Gender and the Eating Behaviors of Children of Mexican-Origin Immigrants in the United States?* Poster Presentation at Population Association of America 2023 Annual Meeting. New Orleans, LA. 2023

**Shaulis, K.** *Educational Attainment and Midlife Serious Mental Illness*. Education Studies for Healthy Aging Research (EdSHARE) Retreat. Austin, TX. 2022

#### SERVICE TO THE FIELD

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Abstract Review, IAPHS	2023 – 2025
Poster Judge, Interdisciplinary Association for Population Health Science (IAPHS)	2023 – 2024
Student Committee Member, IAPHS	2021 – 2022
Grant Reviewer, PennSERVE	2018

#### SERVICE TO THE INSTITUTION

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Sociology Paper Competition Committee Chair, The Pennsylvania State University	2022 – 2025
Demography Graduate Student Methods Workshop Committee Member, The Pennsylvania State University	2022 – 2024
Diversity Promotion Committee Member, The Pennsylvania State University	2021 – 2022

Sociology Student Paper Competition Reviewer, The Pennsylvania State University	2021 – 2022
Faculty Development Committee Member, Cedar Crest College	2019 – 2020
Sustainability Committee Member, Cedar Crest College	2019 – 2020
Retention and Persistence Committee Member, Cedar Crest College	2018 – 2020
Admissions Board Member, Cook Honors College	2015 - 2016

#### PROFESSIONAL MEMBERSHIPS

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American Sociological Association (ASA)  
Population Association of America (PAA)  
Interdisciplinary Association for Population Health Science (IAPHS)

#### SKILLS

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**Technology:** Stata, SAS, Qualtrics, Jenzabar, Salesforce, Microsoft Suite

**Methodology:** Multivariate regression, trajectory analysis, propensity score matching, structural equation modeling, multi-level mixed effects modeling, factor analysis, latent class analysis, multiple imputation, population projection, quasi-experimental design, survey design and weighting

**Language:** Proficient in Spanish (conversational, reading, and writing)